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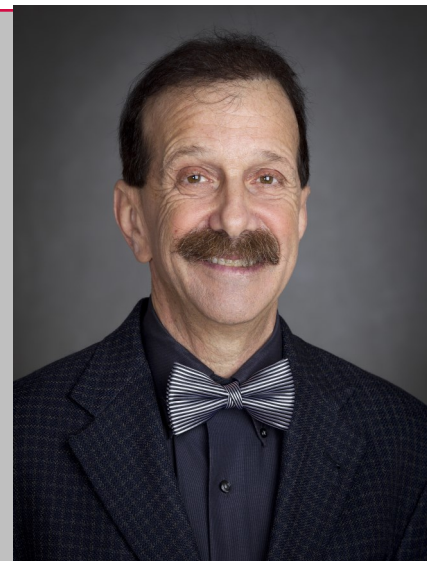
Conference for the Office Professional

April 24, 2018 8 a.m.– 4 p.m.

Union South, UW–Madison Campus

Keynote Presentation: Live a Goal-Directed Life
Zorba Paster, MD

What can you do today to live a long, sweet life? What changes should you make in your lifestyle to achieve your goal? Too many spend more time deciding on which mobile device to buy rather than what steps to take to keep their body, brain, and well-being in tip-top shape. Dr. Paster will discuss the newest studies in longevity—studies that may surprise you. You'll leave with tips and tricks to make your personal longevity plan meaningful.



Conference topics include:

- Better business writing
- Developing self-awareness to build work relationships
- The benefits of inclusive work environments
- Managing conflict in the workplace
- Navigating times of change
- Work-life integration

Register today! go.wisc.edu/80ekn2

Save \$25 with Early Bird Registration now through March 23, 2018!



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