



WISCONSIN
UNIVERSITY OF WISCONSIN-MADISON

Managers on the Move

A Manager's Guide to Building a High Performing Team

"Managers on the Move transformed us and created something that is sustainable!"

-Crockett Dale, CEO, Healthstat

Become a multiplier of well-being with this cutting-edge "leadership meets wellness" training program! This comprehensive program, in partnership with Pro-Change Behavior Systems, includes a half-day, intensive workshop, along with a pre- and post-assessment and follow-up report. You will walk away with three strategies to spark movements of well-being with your teams:

- DO - lead by example
- SPEAK - persuade team members to join through effective communication
- CREATE - develop an infrastructure to make well-being easy and "normal"

**This training will be available on October 23, 2018
at UW-Madison!**

Date: October 23, 2018

Time: 1:30 - 4:30

Location: Health Sciences Learning Center, Room 3110 D

Cost: \$50.00

Contact Info:

Nicole Youngberg, nicole.youngberg@wisc.edu

Intended Audience:

Managers, Supervisors, Leadership

Instructor Info:

Laura Putnam is a national workplace wellness thought leader, learning provider and speaker. Join Laura for a one of a kind training.

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<https://go.wisc.edu/r17zkg>